

MUSIC CAMP MENU

Monday Lunch

Salad bar, nut loaf with brown rice and herbed cashew gravy, steamed mixed vegetables, whole wheat bread, happy cookies

Tuesday Lunch

Salad bar, tofu lasagna, steamed green beans, whole wheat breadsticks, carob pudding

Wednesday Lunch

Salad bar, pizza with cashew cheese and whole wheat crust, cheesecake mini squares

Thursday Lunch

Salad bar, baked potato bar with a variety of toppings, whole wheat bread, carob coconut cream pie

Friday Dinner

Haystacks, peanut butter cookies